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Film # 5 Nashuk Youth Council Digital Stories

Uu-a-thluk brought together Nuuchahnulth youth who wanted to make a difference in their communities. Today the Nashuk Youth Council has emerged as a leader in the traditional foods movement. Through community feasts, youth conferences, cultural workshops and training, the youth council is changing the way young people perceive their heritage and the resources. One of the ways the youth council is sharing their experience are through short video presentations. Five of the youth council members attended a digital storytelling workshop where they created visual presentations that include personal stories set to music and photographs. Focusing on the theme of food, the digital stories allowed youth to express themselves and be creative in a familiar medium. Youth council members (Damon Rampanen, Nikkie Watts, Keenan Jules, Belinda Lucas, and Mitch Touchie) were named as “2010 Traditional Foods Champions” at the third annual traditional foods conference for Vancouver Island First Nations.